



GENERAL INFORMATION

KANPNM's APRN Conference Committee members have developed a collection of 60 sessions and workshops by taking suggestions from last year's participants and looking at the needs relevant to APRN practice today. This 38th Annual Coalition Conference presents a great line-up of experienced faculty presenting new and updated clinical information guaranteed to enhance your knowledge and your practice.

GOALS AND OBJECTIVES

The purpose of the conference is to offer professional presentations and practical workshops that promote clinical excellence and improve the quality of care provided by the healthcare practitioner. By attending this conference and participating in the educational sessions, the attendee will be able to:

1. Consult with experts in advanced practice nursing.
2. Discuss issues related to Primary Care/Adult Health, Women's Health, Pediatrics, Acute Care, Midwifery, and Psychiatric practice.
3. Develop assessment and clinical management skills.
4. Evaluate current and new treatment methods and pharmacologic therapies.
5. Identify issues that affect advanced practice including documentation, artificial intelligence, clinical practice guidelines and new technologies.
6. Increase advanced practice skills to provide expanded services.

MOBILE APP

The Conference mobile app on the Cvent platform will help you find the right room, connect with participants, read speaker materials, and learn more about what's happening in Louisville. Participants will need to complete the required session evaluations in the app and Wi-Fi will be available throughout the entire conference space for all participants. Smartphones, tablets and laptops should be compatible with current apps and web browsers.

EXHIBITS, INFORMATION, & PRIZES!

Our Exhibit Hall will be open on Wednesday and Thursday April 15th and 16th and will be packed with the latest and greatest devices and treatments. You will find helpful information and great door prizes as you enjoy the resources brought to you by the sponsoring companies.

CANCELLATION AND REFUND POLICY

Refund requests must be made in writing to Judi Kuric. E-mail all refund requests to judi.kynpnm@gmail.com. Full refunds will be given for written cancellation requests on or before March 15, 2026. Partial refunds will be given for written cancellation requests from March 16 - April 14, 2026 (refund minus \$75). There will be no refunds after April 14, 2026.

HOTEL ACCOMMODATIONS

The Crowne Plaza Louisville has agreed to set aside a block of rooms for our attendees until March, 23, 2026. After March 23 rates will rise and room availability may be sparse. Reserving early and in our block helps us keep our costs down. To receive the discounted rate, you can reserve your room online at KY Association of Nurse Practitioners & - Start your reservation. All hotel information can be found at <https://www.kcnpnm.org/page/confHotel>.

CONTINUING EDUCATION INFORMATION

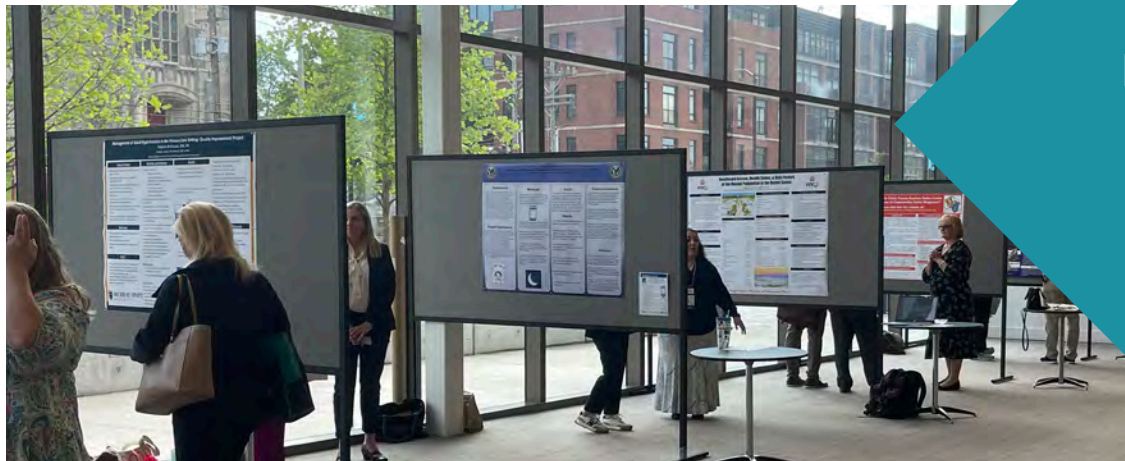
Participants must attend the entire session(s) and complete evaluations to receive contact hours.

KBN Program approval of up to 21.6 available contact hours (50 min contact hour) on site. 2.4 additional contact hours available Via remote offerings. KBN provider and program number 1-0018-12-27-APR conf2026.

AANP This education activity will be submitted to the American Association of Nurse Practitioners for approval of up to 18 contact hours of accredited education. Registrants will access 2 additional Contact hours via remote offerings (60 min. contact hour)

ACNM Midwifery CEs can be obtained by submitting to AMCB the conference AANP approved program certificate.

****NOTE:** Most state and national boards accept contact hours from this conference, check with your Educational Board to confirm acceptance of continuing education credits



POSTER PRESENTATIONS

THURSDAY,
APRIL 16, 2026

2026 CONFERENCE SCHEDULE

* Objectives, CE and pharmacology count for each session can be viewed and/or downloaded from <https://www.kcnpnm.org/page/confforparticipant> and viewed on the conference registration page.

Tuesday, April 14

Board Meeting/Dinner 6:00 – 9:00 pm
Exhibit Set up 4:00 to 6:00 pm

Wednesday, April 15

11:00am

Exhibits Open, Close at 4:30 pm

8:30 – 9:30am

BREAK OUT SESSIONS 1.0 CE

- 100 Alpha Gal Syndrome
 - Sara Robertson, DNP, APRN, FNP-C
 - LaChara Butler, BSN, RN
 - Laura Swarts, BSN, RN
- 101 HIV Pre Exposure Prophylaxis (PrEP)
 - Alisha Clemons, DNP, APRN, FNP
- 102 Mental Health and the Primary Care Provider
 - Kelly O'Loane, DNP, APRN, FNP, PMHNP-BC
- 104 Perinatal Mood and Anxiety Disorders – Be Knowledgeable, Vigilant, and Prepared!
 - Deborah Karsnitz, DNP, CNM, CNE, FACNM
- 106 Acute Carotid Disease
 - Kim Meyer, PhD, APRN, CNRN

9:45 – 11:15am

GENERAL SESSION 1.5 CE

- 110 Thrive, Don't Just Survive: Evidence-based Strategies to Spark Purpose, Energy and Great Self-Care.
 - Bernadette Mazurek Melnyk, PhD, APRN-CNP, FAANP, FNAP, FAAN

11:15am - 12:30pm | Lunch On Your Own

12:30 -1:30pm

BREAK OUT SESSION 1.0 CE

- 120 Preventative Health Guidelines in Adults
 - Beverly Williams-Coleman DNP, APRN, FNP-C
- 121 Updated Thyroid Management Strategies, Risks of GLP-1's and New Non-Surgical Interventions
 - Keith D. Forwith, PhD, MD
- 122 Antibiotic Stewardship
 - Alisha Clemons, DNP, APRN, FNP
- 123 Pediatric Vaccines & Associated Controversial Issues
 - Teresa Parker MSN, FNP-C, PMHNP
- 124 Health Care for Women who are Immigrants and Refugees
 - Sister Mary Kathryn Kramer, DNP, CNM, FNP

- 126 Hot Topics in Acute Care
 - Thomas W. Barkley, Jr., PhD, ACNP-BC, ANP, FAANP, FAAN

12:30 - 2:30pm

WORKSHOPS

- 127 Paragard IUD Insertion Training (No CE)

1:45 - 2:45pm

GENERAL SESSION 1.0 CE

- 130 What to Know About the Most Commonly Prescribed Drugs
 - Thomas W. Barkley, Jr., PhD, ACNP-BC, ANP, FAANP, FAAN

3:15 – 4:15pm

BREAKOUT SESSIONS 1.0 CE

- 140 Diagnosis and Management of IBS in a Primary Care Setting
 - Brittney Corniel, DNP, APRN, FNP-C
- 141 The Struggle Within: Recovery and Relapse
 - * Meets KBN pain management/addiction annual CE requirement
 - Anita Wells, DNP, MSN, PMHNP-BC, BSN, RN
 - Lindsey Kincaid Barrett, DNP, APRN, NP-C, SANE
- 142 Decoding the Pancreas: From Benign Beginnings to Malignant Mayhem
 - Tamara Carey NP-C, FNP
 - Samantha Reckley NP-C, FNP
- 143 Pediatric Mental Health Screening: Is This Behavior Normal?
 - Teresa Parker MSN, FNP-C, PMHNP-BC
- 144 Screening to Follow-Up: Best Practices in Cervical Cancer Prevention for Nurse Practitioners
 - Krista Roach MSN, APRN, FNP-C, WHNP-BC
- 146 Managing Acute Shock
 - Rhonda Johnson, APRN, AG-ACNP

4:30 – 5:30 pm

GENERAL SESSIONS 1.0 CE

- 150 Artificial Intelligence: Applications and Controversies
 - Judi Kuric DNP, APRN, ACNP-BC, FNP-BC, ENP-C

Thursday April 16th

Exhibits open – 10:00 – 4:00pm

Poster Presentations 10:30 – 3:30pm

8:00 - 9:00am

GENERAL SESSION 1.0 CE

- 200 Introduction to Lifestyle, Integrative,



and Functional Medicine

- YuFang Lin, MD, FACP, FAAP, ABOIM, IFMCP

9:30 – 10:30am

BREAKOUT SESSIONS 1.0 CE

- 210 Integrative Medicine approach for Long COVID Syndrome and Chronic Fatigue
 - YuFang Lin, MD, FACP, FAAP, ABOIM, IFMCP
- 211 Update on Managing High Blood Pressure: What's New In the 2025 Guidelines
 - Leslie L Davis, PhD, ANP-BC, FAANP, FACC, FAHA, FPCNA
- 212 Acne Across the Lifespan
 - Tim Smallwood, DNP, APRN, FNP-BC
- 213 Early Recognition, Lifelong Impact: Optimizing Outcomes in Pediatric Type 1 Diabetes.
 - Lisal Folsom, MD
- 214 Data to Delivery: Clinical and Community Strategies to Lower NTSV Cesareans
 - Alisha C. Morgan, DNP, CNM, FACNM
- 215 Psychedelic Treatment for Mental Health
 - Mandy Bliss, MSN, APRN, FNP-BC, PMHNP-BC

9:30am - 12:00pm

WORKSHOPS

- 217 Massage Therapy as an Adjunct to Conventional Treatments (2.0 CE)
 - Amanda Adkins LMT
- 218 Bayer IUD Insertion Training (No CE)



11:00am – 12:00pm

BREAKOUT SESSIONS 1.0 CE

- 220 Cannabis Hyperemesis Syndrome
 - Lynn Chen, MSN, APRN, FNP-C
- 221 From HFREF to HFpEF: Managing Heart Failure Across the EF Spectrum
 - Leslie L Davis, PhD, ANP-BC, FAANP, FACC, FAHA, FPCNA
- 222 Closing the Gap: Team-Based Approaches for Sustainable Transitions of Care
 - Rani Chikkanna MD, MBA, FACP, FHM
- 223 Pediatric Occupational Therapy Care
 - Angela Folczyk, OTR
- 224 Sexually Transmitted Disease Treatment Update
 - Karen Turner DNP, ARPN, CNM, CHSE
- 225 Mental Health and Hormones
 - Mandy Bliss, MSN, APRN, FNP-BC, PMHNP-BC

12:00 - 1:15 pm | Lunch Break and Regional Directors Lunch

1:15 - 2:15pm

BREAK OUT SESSION 1.0 CE

- 230 APRN Practice, Prescribing and the Law
 - Elizabeth Partin DNP, APRN, FAANP
- 231 Dermatology Emergencies
 - Tim Smallwood, DNP, APRN, FNP-BC
- 232 Cognitive Impairment
 - Beverly Williams-Coleman DNP, APRN, FNP-C
- 234 Pregnancy Under Pressure - The Spectrum of Hypertensive Disorders in Pregnancy
 - Dee Polito, DNP, CNM, FACNM
- 235 Healthy Bodies, Healthy Minds: Ethical Healthy Weight Promotion in Practice
 - Sarah Schirmer, DNP, M Ed., APRN, PMHNP-BC
- 236 Bugs and Drugs in Acute Care: An Antimicrobial Review
 - Michael D. Gooch, DNP, APRN, CCP, FFASTN, FAANP, FAEN

2:30 - 3:30pm

GENERAL SESSIONS 1.0 CE

- 240 Non Opioid Alternatives for Pain Management
 - * Meets KBN pain management/addiction annual CE requirement
 - Derek Miletich, MD

4:00 - 5:00pm

BREAKOUT SESSIONS 1.0 CE

- 250 Collaborative Care for Sexual Assault Survivors
 - Taylor L'Heureux, DNP, APRN, PMHNP-BC, SANE-A, FNP-C & SANE-P (Pending)
 - Vicki Yazel, BSN, RN, FNP-C, SANE-A, SANE-P
- 252 Chronic Kidney Disease Update
 - Ashutosh Lohe MD
- 254 Integrating Midwives, Doulas, and Community Partners to Improve Maternity Care Access and Outcomes
 - Angie Chisholm, DNP CNM
- 255 Comprehensive Evaluation and Treatment for the Addicted Patient
 - * Meets KBN pain management/addiction annual CE requirement
 - Derek Miletich, MD
- 256 When Critters Bite and Sting: Envenomation and More in Acute Care
 - Michael D. Gooch, DNP, APRN, CCP, FFASTN, FAANP, FAEN

- MSN, BSN, FNP-C
- 313 Pediatric Sports Related Injuries
 - Clarice Sinn DO
- 314 The Breast of Both Worlds: The Basics and Beyond
 - Liz Niederegger DNP, CNM
- 315 EMDR Therapy
 -
- 316 Syncope
 - Aaron Kuzal, DO, MBA

11:00am – 12:00pm

BREAKOUT SESSIONS 1.0 CE

- 320 Headaches: Diagnosis and Management
 - Sarah Cecil, DNP, APRN, FNP-BC, PMHNP-BC, MSCN
- 321 Too Many Meds: Addressing Polypharmacy and Deprescribing Decisions in Primary Care Practice
 - Clark Kebodeaux, Pharm.D., BCACP, FAPhA
- 322 Burnout, Boundaries, and Becoming Stronger
 - Megan Burke, DNP, MSN, BSN, FNP-C
- 323 Vector Bourne Illness
 - Michele Walters, DNP, APRN, FNP-BC
- 324 Social Media Snake Oil and Menopause: Evidence-Based Practice in a Misinformation-Rich Environment
 - Laura Manns-James, Ph.D., CNM, WHNP-BC, CNE, FACNM

Friday April 17th

8:00 - 9:00am

GENERAL SESSION 1.0 CE

- 300 Cost and Healthcare Impact of Pharmacogenetics Implementation
 - Kristen K. Reynolds, PhD

9:30 – 10:30am

BREAKOUT SESSIONS 1.0 CE

- 310 MASH, NASH, NAFLD – What is the Difference?
 - Lynn Chen, MSN, APRN, FNP-C
- 311 Best Practices for the Management of Mild Traumatic Brain Injury / Concussion
 - Sarah Cecil, DNP, APRN, FNP-BC, PMHNP-BC, MSCN
- 312 GLP1 and Beyond
 - Speaker: Megan Burke, DNP,

12:00 - 1:30pm | LUNCH

KANPNM Awards and Membership Business Meeting

1:45 - 3:15pm

GENERAL SESSION 1.5 CE

- 330 Update on Oral Chemotherapy Agents
 - Melinda Joyce, Pharm.D., FAPhA, FACHE

3:30 – 5:00pm

GENERAL SESSION 1.5 CE

- 340 Pharmacology Update 2026: New Drugs!
 - Melinda Joyce, Pharm.D., FAPhA, FACHE



REGISTRATION

(PLEASE PRINT)

EARLY REGISTRATION DISCOUNT ENDS MARCH 23, 2026

*A student is defined as an individual enrolled in a formal advanced practice nursing program for the first time.

KANPNM MEMBERS FULL CONFERENCE

APRN Members	EARLY	AFTER 3/23
	\$560	\$660

Student* or Retired	EARLY	AFTER 3/23
	\$330	\$405

DAILY RATE APRN Members

	EARLY	AFTER 3/23
Wednesday	\$190	\$220
Thursday	\$190	\$220
Friday	\$190	\$220

Student or Retired Member

	EARLY	AFTER 3/23
Wednesday	\$110	\$135
Thursday	\$110	\$135
Friday	\$110	\$135

(Workshop and meal fees are additional costs)

GUESTS

FULL CONFERENCE Advanced Practice Nurse

	EARLY	AFTER 3/23
	\$765	\$865

DAILY RATE

Advanced Practice Nurse Guest

	EARLY	AFTER 3/23
Wednesday	\$260	\$290
Thursday	\$260	\$290
Friday	\$260	\$290

(Workshop and meal fees are additional costs)

If you have questions not answered by our materials, email judi.kynpnm@gmail.com. Please include your name.

Name: _____
(First) (Middle Initial) (Last)

Credentials (for name badge, limit 10 characters): _____

Address: _____
(Street)

(City) (State) (Zip Code)

Badge First Name (If different from above): _____

I am a first-time attendee at this conference.

Home Phone: _____

Cell Phone: _____

E-mail Address: _____

All conference information will be sent via email

RN License #: _____ State: ____ APRN License #: _____ State: ____

Last 4 digits SSN (Needed for Recording CE Credit): _____

TOTAL COST	Registration Fee	\$ _____
	Workshops	\$ _____
	Meals	\$ _____
	GRAND TOTAL	\$ _____

PAYMENT SUMMARY

***note a processing fee of 3.25% will be charged for use of a credit card**

Visa MasterCard Discover

Card no.: _____

Card verification #: _____ Card expiration date _____ (MM / YYYY)

PLEASE PRINT

Name on Card: _____

Signature: _____

Billing address if different from address above: _____

Phone number: _____

Email confirmation: _____

REGISTER 3 WAYS!

1. ONLINE: KANPNM.ORG
2. MAIL: RETURN THIS 2-PAGE FORM TO:
1432 MOCKINGBIRD VALLEY GREEN, LOUISVILLE KY 40207
3. EMAIL: SCAN TO JUDI.KYNPNM@GMAIL.COM

SESSIONS & WORKSHOP SIGNUP

Mark box for session attending (session times should NOT overlap)

ADDITIONAL COSTS:

Some workshops and meals have additional costs. Please add cost to registration fees.

General and Breakout Sessions (DO NOT have limited seating at this time.)

Wednesday, April 15

8:30 - 9:30 am

Breakout Sessions

- 100 Alpha Gal
- 101 PreP
- 102 Mental Health
- 104 Perinatal Mood
- 106 Acute Carotid

9:45 - 11:15 am

- 110 Thrive Self Care

12:30 - 1:30 pm

Breakout Sessions

- 120 Preventative
- 121 Thyroid
- 122 Antibiotic
- 123 Vaccines
- 124 Immigrant
- 126 Hot Topics

12:30 - 2:30 pm

Workshops

- 127 Paragard Insertion Training (No CE)

1:45 - 2:45 pm

- 130 Common Meds

3:15 - 4:15 pm

Breakout Sessions

- 140 IBS
- 141 Recovery
- 142 Pancreas
- 143 Ped Mental
- 144 Cervical CA
- 146 Acute Shock

4:30 - 5:30 pm

- 150 Artificial Intell

Thursday, April 16

8:00 - 9:00 am

- 200 Functional

9:30 - 10:30 am

Breakout Sessions

- 210 Long COVID
- 211 Blood Pressure
- 212 Acne
- 213 Type 1 DM
- 214 C-Sections
- 215 Psychedelic

9:30 am - 12:00 pm

Workshops

- 217 Massage – Limited Seating +\$30 Add Cost
- 218 Kyleena and Mirena Insertion Training – Limited Seating (No CE)

11:00 - 12:00 am

Breakout Sessions

- 220 Cannabis
- 221 Heart Failure
- 222 Transitions
- 223 Peds OT
- 224 STD
- 225 Hormones

12:30 - 1:15 pm

- ACNM Midwifery Luncheon Meeting (CNMs only)
- Regional Directors Lunch (Regional Directors only)

1:15-2:15 pm

Breakout Sessions

- 230 APRN Law
- 231 Derm
- 232 Cognitive
- 234 Pregnancy HTN
- 235 Healthy Weight
- 236 Bugs and Drugs

2:30 - 3:30 pm

- 240 Pain Mgmt

4:00 - 5:00 pm

Breakout Sessions

- 250 Sex Assault
- 252 Chronic Kidney
- 254 Maternity Care
- 255 Addiction
- 256 Critters

Friday, April 17

8:00 - 9:00 am

- 300 Pharmacogenetics

9:30 - 10:30 am

Breakout Sessions

- 310 MASH
- 311 TBI
- 312 GLP1
- 313 Peds Sports
- 314 Breast
- 315 EMDR
- 316 Syncope

12:00 - 1:30 pm

Breakout Sessions

- 320 Headache
- 321 Polypharm
- 322 Burnout
- 323 Vector
- 324 Menopause

12:00 - 1:30 pm

General Membership Meeting and Awards Lunch (Free for Members)

- Member
- Guest Meal \$35

1:45 - 3:15 pm

- 330 Oral Chemo Agents

3:30 - 5:00 pm

- 340 New Drugs

April 15 - 17, 2026
Crowne Plaza Expo Center
Louisville, Kentucky

